RSL0310

Resolute™ Strength Selectorized Line

Diverging Seated Row

Resolve to make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The Resolute Strength Diverging Seated Row lets exercisers enjoy a natural-feeling rowing motion without the hassles of oars and water. Independent movement arms allow for targeted training to develop and improve back strength and proper posture.

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Diverging Seated Row

Biomechanically Sound

The Resolute Seated Row features independent movement arms that diverge as they draw back for a natural-feeling rowing motion. This provides better engagement of the back muscles, including the lats, trapezius, biceps, deltoids, and the rhomboids. The multi-grip option handles are angled to reduce wrist stress during the exercise.

Designed to Go the Distance

The upholstered pads of the Resolute Seated Row underwent 1.2 million cycles of testing to ensure that this machine will be a durable workhorse for any facility. A contemporary, low profile design across the Resolute line gives even small facilities an open, spacious feel.

Focused on the Experience

The upright, open design makes the Resolute Seated Row easy to access. The adjustable chest pad, in combination with the gas-assisted ratcheting seat, make it easy to get the proper fit and stabilization throughout the movement.

Advanced Training with Sony® Advagym

Strength training has gone digital. Add the Sony Advagym training and tracking system, along with the app, to give your exercisers a whole new way to train. Through the Advagym app, personal trainers can prescribe and monitor their clients' progress.

Specifications

Dimensions (L x W x H): 63 x 55 x 58 in / 160 x 139 x 148 cm

Weight Stack Tower Height: 58 in / 148 cm

Equipment Weight: 616 lb / 260 kg

Weight Stack: 240 lb / 109 kg

Warranty: Visit www.precor.com for warranty terms.

Standard Color Options

Frame

- Gloss Metallic Silver
- Metallic Ash
- Desert Bronze
- Black Pearl
- Gloss White

Upholstery

- All Spice
- American Beauty
- Black
- Blue Jay
- Burgundy
- Deep Clay
- Grey
- Hunter Green
- Navy
- New Purple
- Regal Blue
- Slate

• Colors may vary.
• Custom colors available. Please contact a Precor Sales Representative.

Shroud

- Tungsten

• Custom shroud wraps are available at an additional cost.

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